

## The Focus

*Your word is a lamp to my feet, and light to my path.*—Psalm 119:105

A spotlight focuses the light on the person or object to be seen or examined. Light can be counterproductive if it focuses on the wrong thing. Have you had someone shine a bright light in your eyes and it momentarily blinds you. Your eyes burn and you certainly cannot see the object of attention. Sometimes I hold the flashlight when my husband is trying to accomplish something and if I do not focus that light in the right place, it is worthless. For light to illuminate it must be directed to the appropriate object.

The Psalmist describes the light being delivered in a way that helps us function and accomplish the tasks ahead. The “light” in Psalm 119 is God’s word. For the Bible to be *a light to our path and a lamp to our feet*, it must be focused on the way we should go. If it is not directed to the path, it may call attention to the scenery around and that may be lovely but it won’t help us move forward. It might even shine backwards again not helping us proceed down God’s path.

We need to study God’s word and apply it to the things God wants to accomplish in our lives. Perhaps His word is illuminating our sin, something that stands in the way of following His will. Perhaps His word is offering guidance or strength to help us not to faint on the path. Let God’s word illuminate His will for your life. Let it focus His light so that it can prepare you to teach others, to encourage others, to guide them in the way they should go.