

Remember

Through the LORD'S mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness. The LORD is my portion says my soul. Therefore I hope in Him! –Lamentations 3:22-24

In a class I taught last week, we talked about some of the things that are necessary to enable a student to remember new information. Three of those things are attention, meaningfulness, and repetition.

When we drive the same route every day we may be focused on something else other than where we are. Our brain often fails to remember the things we see. It just is not paying attention.

Someone can tell us about their passion such as the construction of Ancient Greek temples and if that is not meaningful to us, we will not remember what they told us.

When you were a child did you have a favorite book? I did, and I would ask my mother to read it over and over. No matter how many times she read Baby's House, I loved it and soon I could "read" it from memory.

These principles of memory can apply to our Christian life. If we are not paying attention to the Holy Spirit, if we are focused on our way, we will not remember the things that God is trying to teach us.

If we do not take things we read and hear in God's word and apply them to our lives, they will be meaningless and we will fail to remember what God is trying to teach us.

But as we reflect on God's mercy and compassion and appreciate how it is new every morning we will begin to understand God's faithfulness. His mercy is not just for one day. His compassion did not end on the cross. His mercy and compassion is new every day. He gives us the same awesome gift every morning. As we apply this understanding to our life we will have great hope in Him.