

Lonely People

Turn to me and be gracious to me, for I am lonely and afflicted.—Psalm 25:16

In any group of people, there are numbers who are lonely. If you think me wrong, look at how internet matchmaking has expanded exponentially. Or turn on a country station and count the number of songs that talk about lonely people. And one of the plights in our schools is the number of children who believe they are friendless.

I believe most of us have felt lonely at some time. Perhaps we are in a crowd but no one is talking to us or even worse they gaze at us as if we had the plague. Have you ever gone somewhere and spent time and money preparing the right outfit, shoes, and hairstyle only to find yourself totally out of place and all alone. The feeling is one of gut-wrenching emptiness.

Loneliness is real and when I feel overtaken by loneliness I try to focus on God's promise in Hebrews 13:5 "I will never leave you nor forsake you." God is able to fill the void of loneliness. We may feel that we need a person to be our friend but God wants us to seek Him and develop a close relationship with Him. As we get the focus off of ourselves and on the one who loved us so much that he laid down His life for us.

Greater love has no one than this, than to lay down one's life for his friends.

—John 15:13