

God's Benefits

*Bless the LORD, O my soul: and all that is within me, bless his holy name.
Bless the LORD, O my soul, and forget not all his benefits:--Psalm 103:1-2*

This week we set aside a Day to honor God who has dealt with us so bountifully. It is true that everyday should be a day of thanksgiving but we are blessed that this nation officially set aside a day of Thanksgiving. The sad thing is that many people do not stop to think that the day originated from the Pilgrims thankfulness to God for His divine provision.

As we come together this week may we show exceptional gratitude to the One who has blessed us with so many benefits. Psalm 103 serves as a reminder that we are to bless the Lord. The verse indicates that we are to exalt the Lord, to elevate or honor Him for all He has done for us. The verses following enumerate a few of those blessings. Verse three tells us that one of those benefits is forgiveness, He personally forgave our sins and *redeems us from a life of destruction*.

I am thankful for all the benefits He has blessed me with personally but the next in the list brings a smile of contentment, "Who crowns you with lovingkindness and tender mercies". I especially need to experience His lovingkindness and the tenderness of His mercies on a daily basis.

There are so many more benefits listed in this Psalm that I encourage you to meditate on them this week. The Psalmist brings the list to a culmination by telling about what He has prepared in heaven.

*Bless the LORD, all his works in all places of his dominion: bless the LORD, O my soul.—
Psalm 103:22*