

## Bless the Lord

*Bless the LORD, O my soul. O LORD my God, thou art very great; thou art clothed with honour and majesty.—Psalm 104:1*

I stopped to get a tea at the local gas station and the attendant was telling anyone who would listen, “The Lord was really with me!” She had a malfunction with the coffee machine and it spewed gallons of boiling liquid all over. God had protected her from being burned. I commented that it was so good to hear someone give God the credit for good the good things He does. Too often He gets blamed for all the bad things that happen.

I thought of many verses about “Blessing the Lord” and I wondered if blessing the Lord is the same as praising the Lord. In Psalm 103:20-22, I found something interesting. Verse 20 equates blessing the Lord to doing His commandments and listening and heeding to His word. Verse 21 associates blessing the Lord with doing His pleasure.

I believe the attendant this morning was blessing the Lord because He was pleased with the way she was sharing His goodness with others. If you could have seen and heard how she radiated God’s love as she shared that love with anyone who would listen, you would have a visual and auditory reminder of what it is to “Bless the LORD”.

If I want to bless the Lord, I will listen and obey His word and do that which is pleasing to Him. Psalm 103:1 tells us to “*Bless the LORD, O my soul; and all that is within me, bless His holy name.*” It is quite a challenge to please God with all that is within me.