

Abundantly Available in Difficult Times

*God is our refuge and strength, a very present help in trouble.
Therefore we will not fear, even though _____.—Psalm 46:1-2*

We often face difficulties and sometimes things get so bad that we are overwhelmed and distraught. We have exhausted every resource we can muster. When we are *between a rock and a hard place*, when there does not seem to be a solution, God is “abundantly available”. When we are in tight places, God is there with us and He brings with Him the power to control the waters, the mountains, and the earth.

He speaks and the earth melts. He is with us and He is “abundantly available” to provide our security and our strength. When the pressures of life are assaulting us from all sides God is right there with us. No matter what happens, God is still with us. Whatever our problems may be, we need not fear because it is not too big for God. Our personal circumstances never exceed God’s power and faithfulness.

Later in this Psalm, we are told, “*Be still, and know that I am God.*” Silence and stillness are needed to hear the LORD. When we are trying with all our might to fix a situation and talking about it or even complaining about it, it is difficult to listen and hear God. To know that He is present and experience His provision, STOP STRUGGLING—

*Be still and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth!—Psalm 46:10*